Abode Care Homes®

Welcome to

BRAMBLING HOUSE

HIGH-QUALITY RESIDENTIAL CARE
FOR PEOPLE LIVING WITH DEMENTIA

Where happiness is homemade

residential care respite care day care

Abode Care Homes®

Brambling House Residential Home

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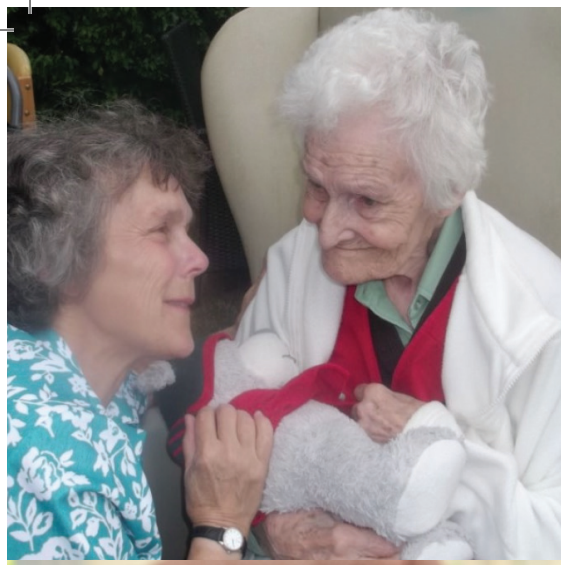
Welcome to
BRAMBLING HOUSE RESIDENTIAL HOME

Brambling House is nestled away in Shepherdswell, near Dover in the heart of the beautiful Kent countryside.

Set in idyllic surroundings with village life bustling on by, Brambling House is a small 20-bedded home for people living with dementia. You are always guaranteed a friendly and warm welcome.

The home has been refurbished to an exceptionally high standard offering peace and tranquillity with a family atmosphere. The care our highly trained and dedicated team provide is second to none. The home is within easy reach of local shops and facilities, but has the benefit of country living with rolling fields and nature in abundance.

There is much to see and do nearby including the historic port of Dover, the East Kent Light Railway and the popular seaside resort of Deal. There are good public transport links into Shepherdswell and Dover, Deal and Canterbury are all less than 20 minutes drive away.



The Abode Care Homes Group

Abode Care Homes have been providing high quality care across Kent and Essex for over a decade. We are a family run company with a Senior Management Team that has worked together to develop excellent services for many years.

Our Company Director, Kanagaratnam Rajamenon (Menon), is passionate about providing hotel-style accommodation and our Operations Director, Clare Swan, leads the team in ensuring the best possible care to all our residents.

We currently have five care homes. Acacia House in Tenterden; Brambling Lodge and House in Shepherdswell, Dover; Creedy House in New Romney and Oakdale in Benfleet, Essex .

Helping people, their families & friends cope with dementia

At Abode Care Homes we understand the difficulties that people face once diagnosed with an illness like dementia. However, it is not just the difficulties for the person that need to be considered. Dementia, and it's effects, can have a huge strain on families and friends too.

We want to reassure you that we will do everything we can to reduce the stress, anxiety and problems caused by dementia for you and your loved ones. We are here to help.

We want to involve people as much as possible in their own care so it is important that we find out about their families, life history, hobbies, interests and preferences.

Visitors are welcomed into our homes. We arrange frequent family events to help you adjust to this new chapter in your lives. People with dementia may change, but excellent care and compassion does not.

"Those with dementia are still people and they still have stories and they still have character and they're all individuals and they are all unique. And they just need to be interacted with on a human level."

-

Carey Mulligan (actress & dementia campaigner)

Our Commitment to Quality Care

You can rest assured that at all Abode Care Homes you or your loved one will be cared for by highly trained, well-supported and dedicated staff.

Every member of our care teams has a thorough induction, extensive training and frequent supervision to ensure that they support our residents in a person-centred and compassionate way.

We have an annual award ceremony to reward great practice and acknowledge all our staff who go that extra mile in pursuit of quality.

We have developed innovative quality assurance systems, which means we are always striving to improve and develop our services.

Your feedback and involvement is crucial in order for us to maintain our high quality services. We have a detailed complaints policy; produce annual satisfaction reports and hold frequent family meetings. Your views are important to us because everyone has a right to have their opinion heard and their problems dealt with.

"At Abode Care Homes we strive to do a little bit better every day."

-

Kanagaratnam Rajamenon - C.E.O.

A Healthy & Active Lifestyle

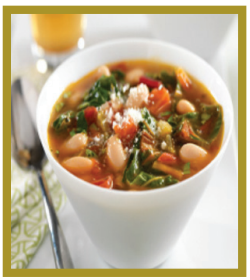
At Abode Care Homes, we believe that a good quality of life is just as important as good quality of care. All of our services have a dedicated activities co-ordinator to ensure our residents enjoy a healthy and active lifestyle.

We always want to find out about our resident's life histories, interests, hobbies, likes and dislikes. Our aim is to develop an interesting and engaging activity programme offering everyone choice, variety and a fulfilling social life.

There are always activities and events being arranged, from Elvis impersonators to rare animal shows and gardening clubs to cream tea afternoons. Every day our staff offer relaxed and informal activities, assisting people to do jobs they have done all of their lives like cooking, cleaning and gardening; having a sing-a-long, doing a crossword or just stopping for a chat and a cup of tea. Nothing is too much trouble.

All our residents can choose how much and when they want to get involved, but we try to make sure that there is always something fun and engaging to do.

High Quality Food & Drink



At Abode Care Homes we pride ourselves on providing a tasty, healthy and balanced diet - one of the secrets to a long and happy life.

Our team of qualified chefs use local produce and the best ingredients to create delicious, nutritious and tempting meals, snacks and desserts.

Our catering teams are passionate about offering our residents and visitors an excellent range of meals catering for all diets and tastes. We work with dieticians and specialists to ensure nutritional and hydration needs are always met, whilst making mealtimes a relaxed and social occasion.

We cater for all special, religious and cultural diets and no request is too small. If someone doesn't want what is on the menu then our catering teams will ensure they have something that they do want.

Sample Menu

Breakfast	Lunch	Dinner
Cereal of Choice	Lancashire Hotpot	Sandwich Selection
Full English	Vegetable Lasagne	Soup of the Day

A Home from Home

At Abode Care Homes, we aim to provide homely accommodation offering luxury, practicality and comfort to hotel specifications.

All our homes have a wide range of communal spaces including quiet lounges, dining rooms and spaces to entertain, enjoy and relax.

Most bedrooms have en-suite facilities, are fully furnished and decorated to a very high standard. We strongly encourage people to bring in their own furniture, pictures and ornaments to create familiar spaces to stimulate memories. Making it a home from home.

Every Abode Care home has a gorgeous garden for our residents and their visitors to spend time in and exercise their green fingers if they wish! You are always welcome to pop in and visit at any time.

Abode Care Homes' Philosophy & Values

The key to running successful and caring services stems from a clear set of guiding principles and values.

Our philosophy is put into practice by our fabulous care and support teams. Our homes are all individual and unique with shared visions and values.

Our commitment to you is to:

- Provide exceptional standards of care to all residents, whether they require respite, day or longer-term care.
- Provide reassuring help for our residents and bring peace of mind to their relatives.
- Maintain an on-going commitment to train and develop all our staff in the best care principles.
- Ensure all residents have freedom of choice and their rights and dignity are respected at all times.
- Build confidence and promote an independent lifestyle for all of our residents.
- Provide a safe, warm and friendly environment.
- To put our residents at the heart of everything we do.

Your Care Options

Nursing Care

Nursing care may be appropriate for people who require frequent medical attention or their dementia care needs are complex and difficult to manage.

Our nursing homes are staffed by Registered Nurses 24-hours a day and they are supported by a team of highly trained care staff.

Residential Care

Residential care is the right option for people who are struggling to cope at home and need constant support to keep them safe and meet their daily needs.

Our residential services have experienced and well-trained care staff on hand throughout the day and night.

Respite Care

People needing respite care are able to live at home, often with the support of a loved one. However, from time to time they may need a 'holiday' or break. Respite care is ideal for people who want to spend a short time receiving support and meeting a new group of people.

All of our services provide respite care as an option.

Day Care

The day care option is useful when family members have jobs or regular commitments. We provide a safe, comfortable and stimulating environment that can help people maintain their independence at home.

Day sessions are available for all or part of the day, 7 days a week.

Abode Care Homes®

Where happiness is homemade

Services available at Brambling House

Brambling House is dedicated to providing person-centred care to all of our residents. We understand that everyone has their own unique preferences, choices and way of living. This means we do everything we can to enable people to have a routine that suits them.

We specialise in providing dementia care for people who need day-to-day support and assistance. We believe that happiness is homemade and our aim is to make Brambling House a home from home for every resident, their families and friends.

We provide:

- Fantastic accommodation
- Superb food
- A wide range of activities
- Excellent 24-hour care
- A family-friendly atmosphere

You are welcome to visit us whenever you like. Pop-in, have a look around, a chat and see how we may be able to help.

We are happy with all aspects of our relative's care. He always appears happy when we visit. The staff make us welcome, keep us informed and are helpful and supportive to us as a family. There are lots of activities on offer and greatly enjoyed . We would happily recommend Brambling House."

-

SM - (Relative)

Abode Care Homes®

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Brambling House Residential Home

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Brambling Lodge Residential Home

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Creedy House Nursing Home

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Oakdale Residential Home

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CONTACT DETAILS & HOW TO FIND US

DIRECTIONS

FROM DOVER: Take the A2 to Canterbury. Take the 3rd exit at Whitfield Roundabout (Ramada Hotel) onto A2 (Canterbury). Continue for 2.5 miles to the second set of traffic lights signposted Shepherdswell. Follow the country lane past the post office and Bram-bling House is on the right set back from the road.

FROM CANTERBURY: Take the A2 towards Dover. After approximately 10 miles turn left at the first set of traffic lights (signposted Shepherdswell) and follow the instructions above.

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